Family Devotional 2

The Heavens Declare: Stargazing

Psalm 19:1-7

When: Saturday, 7:30 p.m. Length: 20-30 minutes

Parent Prep - 5-10 minutes before evening devotional

Before you lead your family, take a few quiet moments to meditate on Psalm 19:2–4, 7.

Read the verses slowly. Read them a second time and notice what catches your attention.

David reminds us that creation is constantly declaring the glory of God. Day after day, night after night, the heavens are telling us something about the One who made them. Then David turns our attention to God's Word. Creation reveals God's glory, and His Word reveals His truth. His Word is trustworthy; it revives our souls, and it gives us wisdom.

Ask the Holy Spirit:

> *What do You want me to notice in these verses?*
> *What are You showing me about who You are?*
> *Is there something You want to speak to my heart today?*
> *How can I help my family slow down and notice You?*
> *What do You want to do in our conversation tonight?*

Reminder: As you lead tonight, don't feel like you have to fill every quiet moment. If things feel a little awkward, take a breath and quietly ask the Holy Spirit for wisdom and guidance. You don't have to have the perfect words. Give your family space to be still, wonder, and listen. God can meet you in the quiet.

Pray: *Father, help me slow down and listen for the Holy Spirit's guidance. Give me the words to say, the questions to ask, and the wisdom to know when to be quiet. Help our family notice You together. Let Your Word take root in our hearts and shape the way we see You, ourselves, and the world around us. Amen.*

Supplies needed:

- ☐ **Flashlight**
- ☐ **Constellation Cards**

Devotional - Night After Night

(Find a semi-private location and have your family sit on chairs or a blanket. Bring your devotional kit)

LET YOUR EYES ADJUST

Tell everyone: **For the next two minutes, we are going to be quiet and simply look.** Spend two full minutes in silence while your eyes adjust.

Then ask: **Did the sky change, or did your eyes begin to see more?**

The longer you look, the more you notice.

> That's part of what we have been practicing this weekend. When we slow down, we begin to notice things we would have missed if we had rushed.

Read Psalm 19:2–4 and 7 with a flashlight.

> “The heavens proclaim the glory of God.
> The skies display his craftsmanship.
> Day after day they continue to speak;
> night after night they make him known.
> ...
> The instructions of the LORD are perfect,
> reviving the soul.
> The decrees of the LORD are trustworthy,
> making wise the simple.”

> Look up at the sky tonight. The stars, the moon, and the vastness of the heavens all tell us something about the God who made them. Creation speaks without saying a word. It reminds us that God is powerful, creative, and glorious.

But God didn't leave us to discover who He is by looking at creation alone. He gave us His Word.

- ★ The heavens show us that God is glorious.
- ★ His Word tells us who He is and how He wants us to live.

That's why meditation and memorization matter.

FAMILY ACTIVITY: CONSTELLATION CARDS

As look up at the sky pull out the constellation cards and see if you can find all 6 constellations in the night sky. If its a cloudy night flip through the constellation cards and see if you can identify where they might be on a clear night, each card has the constellations directional positioning printed on the card.

TALK ABOUT IT, BY AGE

Parents: Please share your own vulnerable answers to each question and take time to empathize with your child's answers.

Ages 3-5

- Look up at the stars. Who made them?
- The stars remind us that God is here, even when we can't see Him. How does that make you feel?
- God knows every star, and He knows **your name** too. What do you think God knows about you?

Ages 6-9

- What can we learn about God by looking at the sky? What can we learn about Him from His Word?
- The sky shows us that God is powerful and creative. What does the Bible tell us about what God is like?
- Verse 7 says God's Word refreshes our souls. Can you think of a Bible verse or story that has helped you when you were worried, sad, or afraid?

Ages 10–12

- The stars speak without words. What do you think creation is telling us about God?
- Why do you think David moves from talking about the heavens to talking about God's Word?
- What can creation show us about God that His Word tells us more specifically?
- When your heart feels tired or discouraged, where do you usually turn? How could God's Word help?

Teens

- Psalm 19 says creation is constantly speaking about God, but then David turns to God's Word. **Why do you think we need both creation and Scripture?**
- Creation can make you stop and wonder about God. Scripture helps you actually **know His truth**. Which one tends to draw your attention to God more easily?
- Verse 7 says God's Word is "perfect," "trustworthy," and "reviving." When your soul needs refreshing, where do you actually go?
- What would it look like this week to not just **read** God's Word, but slow down enough to **meditate on it and let it shape you?**

Blessing & Prayer:

Parents, place a hand on each child's head or shoulder. One sentence each, out loud, under the stars: thank God for something you saw in Him today, then say:

> **The God who made the heavens and filled them with stars knows your name, [name]. Rest in Him tonight knowing you are seen and loved.**

Kids can pray one thank-you back if they want.